

UNPACKING YOUR SOCIAL IDENTITY

Adapted from: Roccas, S., & Brewer, M. B. (2002). Social identity complexity. *Personality and social psychology review*, 6(2), 88-106.

PART I

In the space below, generate a list of 4 groups that you belong to that you consider important to your sense of self:

PART II

Sometimes members of one group also belong to other groups. On a scale of 1 to 10, I'd like you to rate how much the membership of the 5 groups you listed overlaps with each other group.

If no members of Group 1 are also members of Group 2, then rate the overlap as 0. If about half of Group 1 overlap with Group 2, then rate the overlap as 5. And if all the members of the first group are also members of the second group, then rate the overlap as 10.

You can use any number on a scale from 0 to 10 to rate the amount of overlap between the two groups:

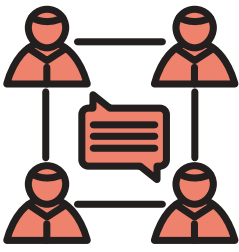
1 Group 1 and Group 2: _____

2 Group 1 and Group 3: _____

3 Group 1 and Group 4: _____

4 Group 2 and Group 1: _____

5 Group 2 and Group 3: _____



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PART II (CONTINTUED)

6 Group 2 and Group 4: _____

7 Group 3 and Group 1: _____

8 Group 3 and Group 2: _____

9 Group 3 and Group 4: _____

10 Group 4 and Group 1: _____

11 Group 4 and Group 2: _____

12 Group 4 and Group 3: _____

Now add up all your ratings: _____

Now divide your total by 12: _____

How complex is your social identity (where 0 is the most complex, and 120 is the least complex)?